LUNCH & DINNER MENU

DAILY
Side Dishes: *Brown Rice, Assorted Asian Sauces

MONDAY
Entrees: Coconut Curry Tilapia, Malaysian Shrimp Fried Rice, Spinach & Artichoke Rangoon, *Vietnamese Peanut Tofu
Salad: *Melon Ginger Salad

TUESDAY
Entrees: Hawaiian Fried Rice, Chicken Egg Rolls, Kalua Pork, *Moo Shu Seitan
Salad: Island Macaroni Salad

WEDNESDAY
Entrees: *Mushroom Chow Mein, Mandarin Orange Chicken Bites, *Vegetable Lo Mein
Salad: *Oriental Broccoli Almond Salad

THURSDAY
Entrees: Singapore Chicken Fried Rice, Shrimp Money Bags, Asian Chicken Lettuce Wraps with Almonds, Asian Seitan Lettuce Wraps with Almonds
Salad: *Soba Noodle Peanut Salad

FRIDAY
Side Dishes: *Pualo Rice, Asian Beef Salad

SATURDAY

SUNDAY
Entrees: Vegetable Egg Rolls, *Asian Tofu with Garlic Sesame Sugar Peas, Chicken & Broccoli with Oyster Sauce
ITALIAN CIBO

LUNCH & DINNER MENU

DAILY
Entrees: Pizza Du Jour
Side Dishes: Antipasta Bar, Garlic Bread

MONDAY
Entrees: Grilled Chicken Parmesan, *Roasted Tomato Basil Tofu, Vegetarian Vodka Penne
Salad: Antipasta Platter

TUESDAY
Entrees: *Fresh Vegetable Pasta Primavera, Fettuccini with Pancetta
Salad: Mixed Greens, Pear, Walnut & Cheese Salad

WEDNESDAY
Entrees: Lemon Rosemary Glazed Chicken Thighs, *Ziti Diablo
Salad: Antipasta Platter

THURSDAY
Entrees: *Roasted Tomato Basil Tofu, *Grilled Zucchini with Mint & Garlic,
Three Cheese Ravioli, Penne Allamatriciana

FRIDAY
Entrees: Piemonte Chicken, *Mushroom Tomato & Basil Shells
Salad: Antipasta Platter

SATURDAY
Entrees: Italian Sausage & Mushroom Ziti, Broccoli over Alfredo Pasta Bake
Side Dish: Pasta Salad

SUNDAY
Entrees: Tortellini Florentine, Shrimp Scampi
Salad: Antipasta Platter
LATIN COMIDA

LUNCH & DINNER MENU

DAILY
Entrees: *Made-to-Order Burritos
Side Dishes: Latin Salsa Bar

MONDAY
Entrees: Garlic Mojo Pork, Masa Corn Cakes
Side Dishes: *Shake Salad

TUESDAY
Entrees: Taco Bar, *Taco Seitan Bar
Side Dishes: *Spanish Rice

WEDNESDAY
Entrees: Chicken Adobo, *Lentils with Pineapple & Plantains
Side Dishes: Cream Cheese Poppers, *Pineapple Cilantro Coleslaw

THURSDAY
Entrees: Lomo Saltado, *Jerk Tofu
Side Dishes: *Cachapas, *Tres Frijoles Salad

FRIDAY
Entrees: Puebla Turkey Breast, Chili Rellenos
Side Dishes: *Yucca Fritta, Veracruz Beans, *Cauliflower in Avocado Sauce
PERSIAN GHAZA

LUNCH & DINNER MENU

DAILY
Side Dishes: Persian Flatbread, Persian Chelo Rice, *Tomato & Cucumber Salad

MONDAY
Entrees: Eggplant Stew with Lamb, *Eggplant Stew, Beef Steak Kabob, *Vegetable Kabob
Side Dishes: *Basmati Rice with Fava Beans & Dill, *Bulgur Salad

TUESDAY
Entrees: *Yellow Split Pea Stew, Yellow Split Pea Stew with Lamb (halal), Chicken Drummies Kabob, *Vegetable Kabob
Side Dishes: Spinach Borani, *Jeweled Rice

WEDNESDAY
Entrees: Pomegranate Chicken with Walnuts, Fish Kabob, *Vegetable Kabob
Side Dishes: Cabbage Salad, *Rice with Herbs

THURSDAY
Entrees: *Herb Stew, Herb Stew with Lamb, Beef & Lamb Kabob, *Vegetable Kabob
Side Dishes: Cabbage Salad, *Rice with Tomato

FRIDAY
Side Dishes: *Basmati Rice with Fava Beans & Dill

SUNDAY
Entrees: *Celery Stew, Celery Stew with Lamb, Chicken Breast Kabob, *Vegetable Kabob
Side Dishes: Spinach Borani, *Rice with Lentils & Raisins

This station is closed on Saturdays
LUNCH & DINNER MENU

DAILY
Entrees: Mac & Cheese, Hamburgers, Chicken Sliders, *Veggie Burger Sliders, *Grilled Portobello Mushrooms
Side Dishes: Pasta Salad, Coleslaw, Fresh Vegetables

MONDAY
Entrees: Beef Chili, Mini Hot Dogs, Grilled Cheese
Side Dishes: Sweet Potato Fries, Smashed Potatoes & Gravy

TUESDAY
Entrees: Bratwurst & Sauerkraut Hoagie, Chicken Nuggets
Side Dishes: Crinkle Cut Fries, Smashed Potatoes & Gravy

WEDNESDAY
Entrees: Mini Hot Dogs, Cubano Sandwich
Side Dishes: Tater Tots, Smashed Potatoes & Gravy, Baked Beans with Bacon

THURSDAY
Entrees: Bratwurst & Sauerkraut Hoagie, Reuben Sandwich
Side Dishes: Beer Battered Onion Rings, Smashed Potatoes & Gravy, Baked Beans with Bacon

FRIDAY
Entrees: Smoked Salmon, Mini Hot Dogs
Side Dishes: French Fries, Smashed Potatoes & Gravy, Baked Beans with Bacon

SATURDAY
Entrees: Beef Chili, *Vegetarian Chili, Bratwurst & Sauerkraut Hoagie
Side Dishes: Baked Potatoes with toppings, Baked Beans with Bacon

SUNDAY
Entrees: Beef Chili, *Vegetarian Chili, Mini Hot Dogs
Side Dishes: Baked Potatoes with toppings, Baked Beans with Bacon

* denotes vegan
MONDAY
Rolls: Unagi Sushi Roll, *Vegetable Tempura Roll

TUESDAY
Rolls: Vietnamese Shrimp Spring Roll, *Asparagus Enoki Sushi Roll

WEDNESDAY
Rolls: Philly Sushi Roll, *Spicy Tofu Sushi Roll

THURSDAY
Rolls: Colorado Roll, *Seaweed Plum Cucumber Roll

FRIDAY
Rolls: The Gambler Sushi Roll, *Harvest Sushi Roll

Closed for Dinner
Closed all Day on Saturday & Sunday

* denotes vegan
DAILY FEATURES

Fresh Fruits
Vegetables
Salads
Soups
Deli Bar
Make-Your-Own Panini

KOSHER

Check station for this week’s menu

Closed all day on Fridays, Saturdays and on Jewish holidays

* denotes vegan
BLACK COATS

EVERY FRIDAY
Vietnamese Pho Bar

SATURDAY & SUNDAY
Daily at Breakfast: Made-to-Order Omelet Bar

On occasion: Monday-Thursday check out the Chef’s Showcase

DESSERTS

DAILY FEATURES
Assorted Fresh-Baked Cookies
Assorted Dessert Bars
Assorted Freshly Made Cakes and Pies
Hard-Packed Ice Cream
Soft Serve Ice Cream

* denotes vegan